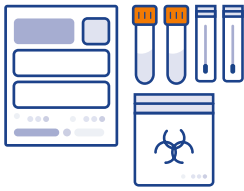


STEP 1 :

PREP

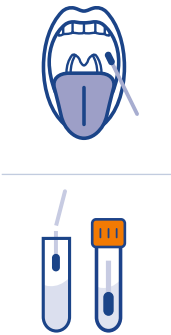


1. Lay out the contents of your kit.
2. Fill out the requisition form with all patient and specimen information.
3. Label transfer tubes with Patient Name, Date of Birth, and Date of Collection
4. Place the unopened swabs and vials on a clean, level surface. Each vial has a barcode label with a unique patient identifier.

ENSURE ALL INFORMATION ON THE REQUISITION FORM AND TRANSFER TUBES ARE FILLED OUT AND MATCH EXACTLY.

STEP 2 :

COLLECT



1. Remove the first swab from its package, holding it by the stick. **DO NOT** touch the swab end with your hand.
2. Firmly scrape the inside of one cheek with the swab head while rotating for 45 seconds.
3. Open the first Transfer Tube, being careful not to spill any of the fluid inside of the vial.
 - Insert the swab (swab tip down).
 - Align the black line on the swab with the edge of the vial and **SNAP** it off leaving the swab tip remaining in the vial's liquid.
4. Discard the remaining swab shaft into the trash.
5. Close the vial with the orange cap.
 - Place the cap back onto the top of the transfer tube and twist to secure tightly.
6. On the opposite cheek, repeat steps 1 and 2 using the second swab & transfer tube.

STEP 3 :

RETURN



1. Ensure the orange cap is securely fastened on both transfer tubes. Insert both vials into the sealed section of the specimen transport bag and seal the bag.
2. Place both transfer tubes inside the biohazard bag and seal the bag.
3. Ensure that the request form has been completed and placed into the non-sealable section of the specimen transport bag.
4. Put the filled out requisition form in the front pocket on the biohazard bag (non-sealable section of the bag)
NOTE: Incomplete Request Forms may result in a delay of test results.
5. Place the biohazard bag into the collection kit box. Enclose the kit box containing the biohazard bag with transfer tubes into the prepaid return envelope and ship within 24 hours of collection.

GETTING STARTED

Accurate test results start with a properly collected specimen.

Please review the specimen collection instructions thoroughly before you begin.

Tips To Ensure A Proper Collection & Transport:

- The night before collection, follow your normal nightly routine of brushing and flossing of teeth. However, **DO NOT** use mouthwash.
- On the morning of collection **DO NOT** eat, brush or floss your teeth, use mouthwash, chew gum or use any tobacco or coffee products. You may drink a small amount of water prior to specimen collection.
- If you do consume water, please wait 45 minutes prior to collecting specimen.

General Guidelines

- **DO NOT** use mouthwash 36 hours before collecting your specimen.
- **DO NOT** eat, brush or floss teeth, chew gum, or use tobacco or coffee products a minimum of 8 hours before specimen collection.
- **DO NOT** consume water 45 minute prior to collecting your specimen.
- **DO NOT** Inhale or ingest the fluid from the **Green Top Tube** or the **Orange Top Vial**.
- **DO NOT** Shake the Red top transfer tube.
- Keep out of reach of children.

Medical Precautions

No dietary or medication regimen changes are necessary prior to specimen collection.

Do Not make any changes unless instructed to do so by your provider.

USBioTek Laboratories' Specimen Collection for Buccal Swab is permitted for use under the guidance of a healthcare practitioner. Please contact your practitioner with any questions or concerns regarding proper collection.



For More Detailed Instructions: For detailed instructions to assist in your specimen collection, use the QR code to the left or visit usbiotek.com/collect-specimen